

Hawaii MARINE SPORTS

Hawaii Marine C Section

November 28, 2003



Mysti Cabasug

Military and family members tackle the Turkey Trot, and the post race Family Fun Run.

Kamehameha student takes 10K Turkey Trot with time of 41:34

Steven Kalnasy

MCCS Varsity Sports

Over a racecourse that combined some of the most changing terrain aboard MCB Hawaii, Kaneohe Bay, 208 competitors accepted the challenge and ran the 6th Annual 3rd Radio Bn. Turkey Trot & Family Fun Run, Saturday.

The race was the last event of 2003's Commanding General's Semper Fit Series.

At the sound of the starter's pistol, the race began on "G" street in front of Pop Warner Field. Winding through Kaneohe's base housing area, the course gave runners a taste of the slowly climbing hills that make up Bancroft, Pond, and Daly roads. Just as they were told in the race briefing, conducted only moments before, runners would not soon forget the challenges awaiting them.

Perhaps after their grueling climb against strong winds blowing off of the Pacific, runners thought the rest of the race was downhill. This would not be the case as they ran toward the off-road portion of the course.

With its beautiful views of the Koolau mountains, and serene Kaneohe Bay as a backdrop, the Nu'upia Ponds bird sanctuary was surely the perfect place for a nature walk. But, as the final leg of a 10-kilometer race, the ponds were just too much for the tired racers.

With hard-packed dirt, loose rocks and an uneven running trail, the Nu'upia Ponds would leave a lasting impression on the day's competitors.

At the conclusion of the race's 6.2 miles, spectators cheered as Kamehameha School's Samuel Belin-Wide finished in first place with the time of 41 minutes, 34 seconds. Third Radio's own Andrew Copeland finished in 41:56, just shy of Belin-Wide.

The race became a spectacle of weary athletes.

Yet, the first woman to cross the finish line was 17-year-old Kamehameha student Jessica Domingo. With a time of 46:25, Domingo finished seventh overall, proving she could hang with the best of the day's competitors.

In addition to the individual categories, the race offered military units the opportunity to run as a formation. In this category, "Team PSC" of 3rd Radio Bn. won the race in 51:18, with "Team One 3D Radio," and Combat Support Co., 3rd Marine Regiment's "Team Packard" in second and third respectively.

When the competition was over, the event took on a family friendly veneer with a one-mile Family Fun Run for parents and children. Families that finished the run received a special finisher's ribbon and goodie bags for their efforts. Additionally, Safeway of Aikahi Park donated 38 turkeys to racers and their families.

By the time that Lt. Col. Mark T. Aycock, commanding officer of 3rd Radio Bn., handed out all the awards, it was obvious that the mornings events proved a huge success.

For more race results, go to www.timersplus.com and click on "road race" results.



Pfc. Michelle Dickson

The Outlaws stack their defense against the Bulldogs during Wednesday night's Championship game.

Outlaws take finals, 7-6

Lance Cpl.

Monroe F. Seigle

Combat Correspondent

The Combat Service Support Group-3 Outlaws got a hard-earned victory against the 1st Battalion, 12th Marine Regiment Bulldogs Tuesday at Pop Warner Field aboard MCB Hawaii, Kaneohe Bay.

The Outlaws took the 2003 Intramural Tackle Football Championship, and after a grueling fight for victory, celebrated with a presentation of trophies by Brig. Gen. Jerry C. McAbee, commanding general for MCB Hawaii.

The Outlaws kicked-off the game, and the Bulldogs attempted to get on the board first, but were stopped by the Outlaw's stingy

defense. Neither team was able to make any offensive advances until the Bulldogs attempted a field goal with four minutes left in the first quarter, only to come up empty-handed.

With both teams at each other's throat and ready to put points on the board, the first quarter came to a close with neither team crossing the goal line.

The second quarter was alive and full of hard-charging action from both teams. The Bulldogs threatened to take the lead first, after a thirty-yard rush. But, the Outlaws' defense was determined to halt them in their tracks and allowed no further gains during the Bulldog drive. After several attempts to gain the first down, the Outlaws turned over possession to

the Bulldogs, who came up just as short as the Outlaws.

With the Outlaws once again in possession of the ball, they tore down the field and broke the end zone, only to get a penalty flag for holding on the play and go right back to the 25-yard line where they started. Disappointed with the penalty, the Outlaws were only able to push to the 10-yard line, before turning over the ball.

Once again in position, the Bulldogs stormed down the field and scored a touchdown on a 30-yard pass down the sideline to wide receiver Dajai Mathis. The extra point was no good and it would prove to be their fate in the long run.

See FOOTBALL, C-8

MCAF leads Jingle Bell Fun Run

Sgt. Jereme Edwards

Sports Editor

More than 100 service and family members came together Nov. 21 for the first Marine Corps Air Facility Toys For Tots Jingle Bell Fun Run.

The run took place at 7:30 a.m. outside Hangar 105, and the course took runners down and around the perimeter of the flight line and over to 4th Force Reconnaissance Co., where runners dropped toys off.

"This the first of what I hope to be an annual MCAF Toys For Tots Jingle Bell Fun Run," said Sgt. Maj. Art Taylor, the MCAF sergeant major. "MCAF traditionally supports Toys For Tots, and the MCAF

Recreation Committee put this event together to kickoff the holiday season and the Toys For Tots drive with a fun event."

Participants arrived decked in decorative Christmas apparel such as elf ears and Santa caps. However, some participants put a little more thought into their running facade.

"We came out to support the Toys-For-Tots fun run and to help raise toys for needy people," said Sgt. Maria Zepeda, a supply clerk with MCAF. "My Marines came up with the idea of dressing up as the reindeer, and having me as the grinch, with the bike

See TOYS, C-8



Sgt. Jereme Edwards

Supply shop and S-1 "reindeer" with MCAF pull their "sleigh" (a bicycle) to rouse the Christmas spirit during the Toys For Tots Jingle Bell Fun Run.

Combat Service Support Group EMP heads into playoffs with win

Kristin Herrick

Staff Writer



Kristin Herrick

Juni Melendez of the EMP softball squad rounds third base and heads home to score in EMP's 18-13 victory over the Admirals.

The Combat Services Support 3's Group Engineering Maintenance Platoon (EMP) beat the Executive Transport Detachment Admirals, 18-13, in five innings Nov. 21 at Reiseley Field aboard MCB Hawaii, Kaneohe Bay.

"This was one of our better games," said EMP head coach Frankie Ortega. "We're finally hitting the ball the way we want to."

Combat Services Support Group

held the Admirals to no runs in the first inning and brought in five runs of its own. But, the Admirals came back in the second, scoring five to EMP's two. A triple by Mike Kicks in the bottom of the inning brought in those two runs for EMP.

With his team down by two, the Admiral's Steve Castro hit a two-run homer to tie things up at the top of the third. CSSG-3 EMP answered with six runs to bring the score to 13-7.

Both teams stepped up in the fourth with big plays. In the top of the fourth, Admirals left fielder Mike Bliss hit a

grand slam to score the teams fourths runs of the inning. Five runs were brought in by CSSG EMP to broaden its lead to seven.

The Admirals came up just shy in the fifth, scoring only two runs. Since the Winter Intramural Softball League operates on "mercy rules" and CSSG EMP was up by five, the game came to an end.

November 21 was the last night of regular season softball action.

Single elimination playoffs will begin Monday at Reiseley and Annex fields.

BASE SPORTS

Edward Hanlon V
MCCS Marketing

NOVEMBER

28 / Today

Base Pool — The MCB Hawaii, Kaneohe Bay base pool is currently closed for electrical repairs. Marine Corps Community Services appreciates your patience and support for the duration of the repairs. If you have questions, contact Aquatics at 254-7655.

Winter Softball — Swing by either the Reiseley or Annex Fields and cheer on your unit’s softball team. Step up to the plate and call MCCS Athletics at 254-7591.

Gone Fishin’ — Join Mahalo Kai Fish & Dive Charters for a day beyond the bay. Deep-sea fishing adventures are just a cast away with numerous packages to accommodate your fishing objective off the coast of windward Oahu. Make a date to catch some of

the ocean’s most exotic and tasty fish. Dive charters are also available in the crystal clear waters surrounding K-Bay. Call 254-7667 for more information.

30 / Sunday

Sunday Football — Catch your team live on Direct TV’s “NFL Ticket” at all three of the Kaneohe Bay clubs: Kahuna’s Sports Bar & Grill, the (Staff NCO) Rocker Room and the Officers’ Club. Get the big-screen treatment and enjoy breakfast in a comfortable and fun atmosphere.

DECEMBER

1 / Monday

Monday Night Football — Watch the Titans take on the Jets at 6:30 p.m., Monday night at one of your K-Bay clubs.

Inexpensive and Fun Entertainment — Look no further for your entertainment bargain. Mondays through Thursdays, all E-5 and below

will receive free rental shoes and discounted games at only \$1.50 per game at K-Bay Lanes. The discount is good for open play and does not qualify for tournaments, leagues or unit functions. Call K-Bay Lanes now to strike with this deal at 254-7693.

Beginner Fitness — The Semper Fit Center hosts eight-week sessions that meet twice a week with a certified personal trainer to assist those wanting to learn how to exercise the correct way and smart way. Find out all the details at 254-7597.

Adventure Training — Designed to promote unit cohesiveness and enhance confidence in the water, Adventure Training is a fun alternative to regular unit workouts. Learn different water sports and do PT at the same time. Classes are offered in scuba, kayaking, power boating and water ski-

ing. Adventure Training is offered at no charge to all MCB Hawaii units. Training NCOs and staff NCOs should call the base marina at 254-7667 for more details.



Massage Therapy — Massage therapy, by certified massage therapists, is available at both Kaneohe Bay and Camp H. M. Smith. The massage therapy program will help relieve your mental and physical fatigue and improve overall circulation and body tone. Appointments are available by calling the K-Bay Semper Fit Center at 254-7597, or Camp Smith at 477-5197.

Parents for Fitness — This cooperative baby-sitting effort is available at the Semper Fit Center, K-Bay, for all active duty service members and their families. The program is open for children ages 6 weeks and older, and participants are required to volunteer baby-sit three times per month. Call 235-6585 for more info.

3 / Wednesday

All Marine Cross-Country — Athletics seeks Marines interested in competing in the All-Marine Cross-Country Trials, Feb. 5 - 9 in Indianapolis, Ind. Marines who qualify for the Armed Forces Team will advance to the CISM World Military Cross-Country. For more information, contact Steve Kalnasy at MCCS Athletics at 254-7590.

Color Pin Special — Every Wednesday, from 5 - 9 p.m., head over to K-Bay Lanes for a bowling bargain. Roll a strike when a colored pin is in “head-pin” position, and win up to three free games of bowling. All patrons are welcome to enjoy this deal. The pin will be noticeably different in color, and if you make the play, you win!

6 / Saturday

Doubles Tennis Tourney — All active duty and their spouses are invited to the Intramural Doubles Tennis Tournament &

Fast Serve Contest, beginning at 9 a.m. There is no entry fee for this event, and awards include racquets and other prizes, as well as Commanding General Fitness Series points. Call the Marine Corps Tennis Shop at 258-8081 or 254-7597 for more details.

Pro Bowl Tickets — Beginning Dec. 6, Pro Bowl tickets will be available at the Information Tickets and Tours office at Mokapu Mall, Kaneohe Bay. Sideline seats are \$87.50 and end zone tickets, only \$32.50. For more info, call 254-7563.

Army-Navy Game — Tailgate the military’s favorite football game at the Officers’ Club on Dec. 6. Enjoy a light continental breakfast at 10 a.m. and a barbecue at 11:30 a.m., which includes chicken wings, a fajita bar, burgers and more. Tickets are \$12 per person, and may be purchased from your unit representative or at the Officers’ Club. For more info, call 254-7650.

12 / Friday

Hawaii Bowl — Everyone is invited to the equivalent of the Intramural All-Star Game on Dec. 12, for the Hawaiian Bowl. Cheer on MCB Hawaii’s intramural football’s finest, as they play against MCB 29 Palms, Calif., in the intramural championship. The game begins at 6 p.m. at Pop Warner Field, so get there early to secure a seat. Call 254-7591 for more info.

JANUARY ’04

9 / Friday

Athlete of the Year — The Marine Corps will continue to honor its male and female Athlete of the Year at the Marine Corps Sports Hall of Fame. All submissions are due to Manpower and Reserve Affairs no later than Jan. 9, 2004. Finalists will be announced on Jan. 30, 2004. Photos of athletes should be sent in prior to the release of the Top 10. Your suggestions and comments are encouraged, so call MCCS athletics department at 254-7590.

COMMUNITY SPORTS

Hawaii Trail And Mountain Club Hikes Windward, Saturday

Even novice hikers can make the windward double loop, a pleasant foothill that rambles with an occasional coastal view, when the Hawaiian Trail and Mountain Club takes a four-mile hike Saturday at 8 a.m. at Hau’ula Papali. Trailblazers can also watch for the hogback ridge by the pine trees, a ridge with a sharp summit and steeply sloping slides. A \$2 donation is requested for each nonmember, ages 18 or over. A responsible adult must accompany children under 18. Firearms, pets, radios and other audio devices are prohibited on hikes. For more information on the HTMC or to join in on this hike, contact coordinator Dayle Turner at 384-4821, or at turner@hawaii.edu.

Army vs. Navy to Heat the Ice Palace

There’s still time left for Sailors, Marines and Coast Guard service members to participate in the annual Army vs. Navy ice hockey game to be played on Thursday at the Ice Palace at 4510 Salt Lake Blvd. Doors will open at 6 p.m. with a game start time of 6:45 p.m. Tickets costs \$5 until Wednesday, \$6 at the door. Children 5 years and under are free, and

all proceeds from ticket sales will benefit the Hawaiian Youth Hockey Program. For more information about the Army v. Navy ice hockey competition, call Stacie at 254-3409. If you’re interested in playing on the Navy team, plus have hockey experience and are an active duty member of the Marine Corps, Navy or Coast Guard, contact Mike Stroud at 254-3409 or via e-mail at stroudma@MAG24.1MAW.usmc.mil to see about getting on the team.

Holiday Classic Seeks Volunteers, Dec. 4 - 7

A four-day statewide event that includes competition in basketball, bowling, bocce and speed skating for athletes with mental retardation and closely related developmental disabilities, the Special Olympics Hawaii 2003 Holiday Classic needs your support. Volunteers are the backbone of Special Olympics, and more than 800 volunteers are needed to fill a variety of positions — from bowling lane officials to water and ice carriers, to handing out lunches and setting up equipment or awarding medals — when athletes and coaches stay, eat and compete in events at MCB Hawaii, Kaneohe Bay, at Hickam Air Force Base, and at the Ice Palace in Honolulu for skating events. Special Olympics athletes work hard

to overcome the odds, and they can do it with your help. They deserve the chance to compete, to grow and to lead - both on and off the playing field. Make good use of your time and effort, and make a difference in the lives of others. You will receive an incredibly rewarding experience in return. If you are interested in volunteering, contact Daina Hart, volunteer coordinator for Special Olympics Hawaii, at 943-8808, ext. 30, or e-mail her at volunteers@specialolympicshawaii.org.

Bellows Sponsors Camping

Bellows offers a great climate for year-round camping. You can pitch your tent at one of 60 wooded and oceanfront campsites, all within a close walk to what many consider the best beach on the island of Oahu. Bellows offers a full line of camping gear rentals to meet all of your camping needs. Camping kits include one six-man tent, a lantern, a Coleman stove, a cooking kit, two camping cots, two sleeping bags, an extra large ice chest, and a five-gallon water jug — all for just \$30 a day or \$154 a week.

Marines and Sailors Get in Shape with ShipShape

You can win the war on body fat! You may think the best way to lose weight is by deprivation or taking a fat-burning

pill or some quick technique, but it’s not. Whether you are just starting a fitness program, exercising for weight management, or need to improve your physical fitness test, the ShipShape program can help you meet your goal. Achieving and maintaining a healthy and fit lifestyle is often difficult, but skills and tools provided during this program will enable you to meet your goals. The eight-week, action-oriented program focuses on combining balanced nutrition, exercise and behavior modification techniques. For more information or to sign up for the next ShipShape course, call Pearl Harbor staff at 471-9355.

Bellows Hosts Outdoor Recreation

This summer, you can be awash in outdoor activities at Bellows. You can learn how to choose the best waves to shoot the curl, as Bellows offers bodyboarding lessons Fridays at 1 p.m. The cost is \$12 per person and includes the use of a bodyboard. Also, learn ocean kayak skills, including deep-water recovery, navigation, water safety and efficient paddling techniques. Classes are every Wednesday and Thursday at 1 p.m. The cost is \$14 for adults and includes kayak rental. For more information on what Bellows has to offer, call Bellows staff at 259-8080.



Pfc. Michelle Dickson

Base All Star

NAME: Marvin Walker

UNIT: Combat Service Support Group 3

BILLET: Supply Clerk

SPORT: Football

POSITION: Outside Linebacker

TEAM: Outlaws

- He has been playing football since he was in the ninth grade.
- He was the named the Most Valuable Player in his high school.
- Last year Walker was named the MVP of the MCB Hawaii All Star football team.

“I love football because you have to use teamwork, togetherness and be able to play as one.”



THE BOTTOM LINE

(Editor's Note: "The Bottom Line" is our weekly sports commentary in the Hawaii Marine from two sports aficionados who rarely see eye-to-eye when it comes to America's one true obsession — sports. Chances are you'll probably either agree with one of their takes, or disagree with both.

Our two resident sports junkies welcome your e-mails. We will print the top comments of the week from our readers. Contact Sgt. Lindsay at lindsayjb@mcbh.usmc.mil and Capt. Robbins at robbinskd@mcbh.usmc.mil. Remember, "If you don't speak up, you won't be heard!")

Is NASCAR the hottest sport on wheels?

Capt. K. D. Robbins
The Professor

It ain't your daddy's NASCAR anymore. This sport once dominated by the "old guy" has undergone the same evolution as all professional sports — the youth movement.

Whether you like it or not, NASCAR is arguably the top spectator sport in America. On the heels of a 10-year, \$700 million Nextel contract, the title sponsor is high tech. Never again will fans puff up to a pack of cancer sticks and celebrate the Winston Cup championship.

So, for all you die-hard stock car fans that followed the Richard Pettys, Darrell Waltrips and with all due respect, Bill Elliotts; gone are the days of the "good ole boys."

The 2003 season saw the crowning of yet another whippersnapper Winston Cup champion. This marks the sixth time in the past nine years that the NASCAR champion is under the age of 32. In fact, the top seven finishers in the 2003 Winston Cup standings are all under 33.

It's not just the Winston Cup. In the Busch Series, NASCAR's minor league, six of the Top 10 point leaders are below the age of 33, including a 20-year-old champion.

Is there a reason for this? Yes. These

guys can drive. The traditional NASCAR fan will live and die by the old, wise man driver. But, the fact is that the young bucks get it done. The sponsors love watching young men with attitudes propel the aforementioned "stock car racing" into the new millennium. The fans love these young speed demons too.

NASCAR has never enjoyed the popularity it does today. As hundreds of thousands of fans flock to thriving metropolises like Darlington, Bristol and Talladega, each weekend, to pay tributes and dollars to the fastest sport money can buy, NASCAR is forced to explore new venues and younger audiences by constructing raceways in larger markets to include Las Vegas, L.A. and New York. The reason: The young guys.

Bottom Line: As the "Big 3" sports (baseball, basketball and football) enjoy obnoxious salaries, steroid junkies and continuous run-ins with the law, there is still one sport where the "athletes" are still revered: NASCAR. The only thing these young studs have to worry about is too many speeding tickets.

So, move over Waltrip, Petty and Elliott; there's something leaner, meaner and oh yeah, faster. The young guys are here to stay.

Sgt. Joe Lindsay
The Goat

Sports guru Jim Rome once said that any game you get better at the more you smoke and drink is not a sport. Thus, bowling and billiards cannot be considered sports.

Drinking, smoking and NASCAR driving go well together — if you're sitting in front of the TV, waiting for someone to crash. But, in the history of the automobile, drinking alcohol before driving has never made anyone a better driver. And it certainly wouldn't for individuals making repeated left turns at ridiculously high speeds.

So yes Virginia, NASCAR is a sport, and its drivers are athletes — pretty good ones in fact.

This is especially evident after a fender bender or collision, when drivers jump out of their cars, charge one another, and let the fisticuffs fly. And like all athletes, skills improve, peak and then decline. What was true for Willie Mays will someday be true for Jeff Gordon.

There is no denying the popularity of NASCAR, especially in the South, or of hockey in Canada or soccer in Peru. In fact, NASCAR is

becoming so popular that Nextel just signed a huge marketing contract to sponsor it, usurping the previous biggest sponsor, tobacco-giant R.J. Reynolds, which had served as NASCAR's principal sponsor the past three decades.

And it's good to know that NASCAR doesn't have to worry about its drivers being investigated for assaulting female fans (Tony Stewart), or its poster boys (Gordon) being charged with adultery like the NFL, MLB and NBA does. No, not NASCAR.

It's far too concerned about getting exposed on shows like "The O'Reilly Factor" (June 30, 2003, Fox news channel), with the whole "exclusion" debate — which gained headlines when Jesse Jackson said, "We were qualified to play baseball before 1947. We are qualified to race cars now." Soon afterwards, NASCAR began its financial support for Jackson and the criticism stopped.

Bottom Line: NASCAR is big, and its self-promotion is genius. But with only one African-American driver (Bill Lester) in its ranks, the days of the "good ole boys" are surely not gone — no matter what their ages.

READERS STRIKE BACK

'There's more to sports than just football, basketball and baseball'

First off, I would like to say that "The Bottom Line" is the best thing I've seen in any military newspaper. In fact, I think the *Honolulu Advertiser* or

Star Bulletin would be wise to pick it up. It's better than any commentaries they have, too.

I don't know if The Professor and The Goat realize it, but on Fridays in my shop, we instantly go to it and start our own informal trash-talking session. It is pretty much split down the middle on who we dog out most, but it

makes for good, lively discussions, which sometimes carry on all day and make Fridays go faster.

One piece of advice. I've noticed all the articles seem to deal with football, basketball and baseball. There are a lot of other sports out there. How 'bout a lacrosse article or something?

Also, how could you guys leave out

Tom Seaver on your article on the greatest Marine Corps athletes ("Who is the greatest Marine athlete?" Nov. 21, page C-3). Disgraceful.

Thanks anyway and keep "The Bottom Line" coming.

Martin Mooney
Baltimore, Md.



Sgt. Jerome Edwards

Gumaro Mata of Marine Forces Pacific's Cryptological Support Company throws a vicious right at his opponent Chris Hyatt of the Palolo Boxing Club on the island of Oahu, Hawaii, during a Hawaii Regional Championship in Pearl City in late January of this year.

Mata selected for All-Marine Boxing Trials

Kristin Herrick
Staff Writer

At age 22, Gumaro Mata has been boxing more than half of his life, so it's no surprise he was chosen to participate in the All-Marine Boxing Trials this month.

Most nights, Mata can be found at the Kunia Boxing Gym, where he trains for hours to prepare for upcoming matches. Originally from Texas, Mata won the Golden Gloves there once and twice in Louisiana. He also won the Texas State Boxing Championship while in high school.

"It's all about training and competition," said Mata. "When you're

in the ring, it's all on you to win, no one else."

Mata added to his list of accomplishments at BayFest 2003, aboard MCB Hawaii, Kaneohe Bay. He came in second place in the Boxing Challenge held July 5, losing by a close decision in the championship match.

"He really was the more dominant boxer in the competition," said MCB Hawaii Varsity Sports Coordinator Steve Kalnasy. To be considered for the All-Marine Boxing Trials, an athlete must have two years of competitive boxing experience and superior

performance evaluations from his unit.

In addition to being an exceptional Marine, the boxer must get command authorization to compete.

Mata was eligible to attend the trials the past three years, but his command could not afford to lose him. The trials are held at Camp Lejeune, N.C., every year in late November.

Boxers battle it out for positions on the All-Marine Boxing Team, which then competes against boxers from other military branches in the Armed Forces Championship.



Air Force takes HASAC in 35:29

Steve Kalnasy
MCCS Varsity Sports

On what was a perfect day for a cross-country meet, teams from the Army, Navy, Air Force, and Marine Corps gathered at Pop Warner Field aboard MCB Hawaii, Kaneohe Bay, Saturday for the 2003 Hawaii Armed Services Athletic Counsel (HASAC) Interservice Cross-Country Championships.

The 10-kilometer course that was layed out for the 6th Annual 3rd Radio Bn. Turkey Trot was used for the race, and it proved to be grueling, huge challenge for the 50 runners.

Crossing the finish line first was the Air Force's Robert Dickie with a time of 35 minutes, 29 seconds. Dickie was the odds-on favorite to win the HASAC event.

After winning the Armed Forces Championship at the 2003 Marine Corps Marathon, Dickie proved he deserved to be in first place.

See HASAC, C-8



Mysti Cabasug

Richard Rogers, a food service specialist with Headquarters Bn., MCB Hawaii, Kaneohe Bay, an aspiring Olympic runner, finished fourth overall in his category at the HASAC cross-country meet.

FOOTBALL, From C-1

The Outlaws tried to get on the board in the third quarter but the Bulldogs shut them down once again and quickly regained possession. The Bulldogs were on fire and ready to add to their lead, but failed to do so at the one-yard line. After several turnovers and no breaks in the

HASAC, From C-3

Following Dickie’s impressive performance on the course, were two of the Army’s best, Mike Baskin (37:02) and Jon Welsh (37:03).

Richard Rogers of Headquarters Bn., MCB Hawaii, with a time of 37:22 finished in fourth place.

Other notables during the day’s events were Deirdree Tennant (42:32) who placed first in the Women’s Open division, and 14th overall. Tennant, the wife of Capt. Thomas Tennant of 1st Bn., 3rd Marines, who is coming off of her eighth place finish in the 2003 Ironman World Championships, was the expected women’s victor.

Alan Clyne of Combat Service Support Group 3 took third place in the Men’s Masters (over-35).

When all was said and done, it was the Army who took first place team honors at the annual cross-country event, with a cumulative score of 145 points.

Finishing a distant second place was the Marine Corps, and third place went to the Air Force. The Navy was disqualified for an incomplete team.



Sgt. Jerome Edwards

Lieutenant Col. Michael O’Halloran, the commanding Officer of MCAF, approaches the drop-off point for toys and delivers his donation.

TOYS, From C-1

as our sleigh. I also did this to help them get into the Christmas spirit.”

“Everyone got to truly know how good it feels to give,” said Taylor. “Unselfish runners ran with their toys until they reached the drop-off point. I guarantee they were glad they didn’t have to finish the run with them.

“We always have Friday morning physical training. But this time, everyone got to have a little more fun and give to a worthy cause. It just doesn’t get any better than that,” added Taylor.

The air facility plans to hold more events to help support Toys For Tots as the season progresses. For more information on how to donate toys to the program, contact Gunnery Sgt. Richard Stampp, with 4th Force Reconnaissance at 257-2531, ext. 233.

end zone, the third quarter came to a close with the Bulldogs clinging to a six-point lead.

Five minutes into the final quarter, the Outlaws finally showed what they were made of offensively when tight end Matthew Flores rushed 15 yards for a touchdown to tie the score 6-6. The tie was soon broken when the extra point

made the score 7-6.

The Bulldogs were desperate to reclaim their lead, but failed after coming within field goal range, by missing the target with only five minutes remaining on the clock.

The Outlaws took possession of the ball once again and managed to run the clock out and claim victory with a nar-

row 7-6 win over the Bulldogs.

“We played a good game and we came out on top,” said Outlaw linebacker Marvin Walker.

“We showed great teamwork and did not get discouraged when they took the lead. In the end, we came out on top like we knew we could all along,” said Walker.



‘Five Promises’ helps parents to raise youth

NAPS
Featurettes

Helping to nurture the nation’s children may be easier, thanks to a new resource.

America’s Promise, a national non-profit alliance of communities dedicated to building the character and competence of our nation’s youth, recently announced the launch of its “Five Promises Checklist,” an online resource for adults seeking to have a positive impact on a child’s life.

The checklist provides tips, tools, research and resources for fulfilling the “Five Promises” that every child needs in his or her life:

- 1) Ongoing relationships with caring

- adults,
- 2) Safe places with structured activities during nonschool hours,
- 3) A healthy start,
- 4) Marketable skills through effective education, and
- 5) Opportunities to serve the community.

The checklist supplies concrete actions and steps for adults to take and fulfill one (or all) of the Five Promises. The actions and resources included are tailored to age-appropriate needs for different stages of youth development. Additionally, the checklist provides a list of organizations and other resources that can help individuals carry out the actions.

“Given the unprecedented challenges

facing young people today, there is a tremendous need for adults to participate actively in their lives,” said Carolyn Berkowitz, senior vice president of community mobilization for America’s Promise. “The Five Promises Checklist is a ‘how-to guide’ through the stages of a child’s development that shows caring adults how, with the same amount of love and time, they can increase significantly the impact they have on a child’s life.”

The checklist is a valuable resource for any caring adult, youth development professional or volunteer working with kids.

“As Girl Scout Councils around the country recruit new volunteers, they’re placing special emphasis on engaging

women 18 to 29 years old to respond to what our adolescent girls tell us they seek in advisors and mentors,” said Dr. Harriet Mosatche, senior director of research and program for the Girl Scouts of the USA. “The Five Promises Checklist can be an important tool for these volunteers by providing them with valuable guidance they can use with the girls they work with.”

Those interested in spearheading a local effort in their community should contact America’s Promise at 1-703-684-4500, or local@americaspromise.org.

The checklist is available free of charge, 24-hours-a-day, seven days a week, just log onto www.americaspromise.org/ checklist, or call 1-800-55-YOUTH.

